Your Magios Patient Support Services

JOURNAL





We're ready when you are.

Get your guestions answered by calling our Patien

Get your questions answered by calling our Patient Support Managers at 1-800-951-3889, Mon-Fri, 8 AM to 6 PM ET.

Write down your thoughts. Ask questions. Share with others.

We know everyone's experience with pyruvate kinase (PK) deficiency is unique. **That's why we made this journal for you**, so you can jot down any personal thoughts and questions you may have as you move through this next step on your PK deficiency journey with myAgios® Patient Support Services.

Starting a new treatment program can bring up all sorts of thoughts, feelings, and questions. We've provided space here for you to record how you're feeling, take note of questions you'd like answered, as well as journal ideas for getting the kind of support you want and deserve.

Feel free to share your thoughts with your doctor, your myAgios Patient Support Manager, family, and friends. Or, keep them for yourself as a record of your story living with PK deficiency.

The purpose of this program is not to offer medical or treatment-related advice. For these types of questions, please contact your doctor.

What I would like to ask my doctor

How did your last doctor's visit go? What questions do you have about your PK deficiency treatment? Do you have any concerns about your symptoms?

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What I would like to ask my myAgios® Patient Support Manager (PSM)

Have you had a call with your PSM? How did it go? What are your thoughts? What questions do you have for your next call?

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What I would like to ask others who have PK deficiency

How does it feel to be part of a PK deficiency community? What would you like to ask people who share some of your experiences?

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What I would like friends, family, or coworkers to know about living with PK deficiency

What kind of support would you like from your environment? What do you wish others knew about your condition? How can those around you support you best?

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What I have learned about PK deficiency

What would you like to learn about PK deficiency? Its symptoms? Have you come across any recent research that you found interesting?

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How I feel today

What kind of symptoms have you been feeling recently? How can you prioritize self-care as part of your daily routine?

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What I am doing to take care of my emotional health

How are you feeling these days? What are you doing to take care of your mental well-being? What practices could you put in place to improve your emotional health?

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